

# VISION

MAY 2022

VOLUME 13, ISSUE 5



Hello, May!

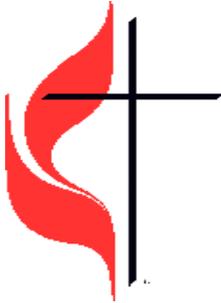
Do to our hearts what  
you do to earth's  
flowers.

## HIGHLIGHTS:

- \* **VIRGINIA CAMPBELL MEMORIAL SERVICE**
- \* **PRAYER BEAD WORKSHOP**
- \* **MONTHLY DISCIPLESHIP RESOURCE**
- \* **MAY/JUNE BOOK STUDIES**
- \* **COMMUNITY PARTNERSHIP WITH BELLE VIEW ELEMENTARY**
- \* **CHILDREN'S ACTIVITY PAGE**

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**MOUNT VERNON UNITED  
METHODIST CHURCH**

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DISTRICT SUPERINTENDENT

REV. JAY CAMPBELL,  
PASTOR

NANCY CONVERY,  
OFFICE ADMINISTRATOR

YING PEI,  
BOOKKEEPER

CATHY MANLEY,  
MUSIC MINISTRIES DIRECTOR

CHURCH OFFICE HOURS:  
MONDAY - THURSDAY  
8:30 A.M. - 2:30 P.M.

Mount Vernon Vision is published monthly by the staff of Mount Vernon United Methodist Church in Alexandria, Virginia, who is solely responsible for its contents. It attempts to inform, inspire and communicate with both membership and friends about the program of the United Methodist Church, The Virginia Annual Conference, The Alexandria District, and the program offerings of Mount Vernon as a connectional member of the United Methodist Church.

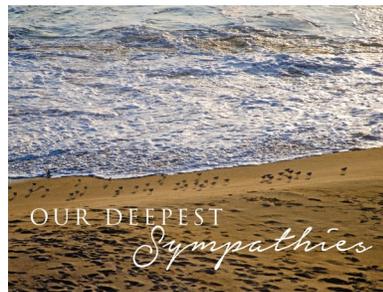


## Memorial Service for Virginia Campbell Saturday, May 21 at 2:00 pm

Virginia Campbell passed away on March 23, 2022 at her daughter's home in Amherst Massachusetts. A memorial service for Virginia will be held on Saturday, May 21 at 2:00 p.m. at Mount Vernon UMC.

Virginia was the Director of Music at Mount Vernon UMC for more than 40 years, she led the adult and children's choirs, started a handbell choir, and was heavily involved in the church's Vacation Bible School. She even painted church windows and was a mainstay in the church's annual yard sale and outreach activities, including the local Shelter Program at Rising Hope Ministries.

In lieu of flowers, remembrances in Virginia's name may be sent to Mount Vernon United Methodist Church for the John and Virginia Campbell Memorial Fund, which is dedicated to music and children's programs or alternately to United Community at 7511 Fordson Rd, Alexandria, VA 22306 for their work in offering services to those in need.



Jeff Anders, a former member of MVUMC, passed away peacefully on Tuesday, April 5, 2022 at Hospice of the Panhandle Inpatient Facility, Kearneysville surrounded by his loved ones. His obituary can be found at <https://www.mtstrider.com/obits>. Jeff loved Mount Vernon UMC, but was needed in Charles Town, WV to help care for Cindy's parents. A Memorial Service was held April 11 at Asbury United Methodist Church in Charles Town, WV. Please keep Cindy Wilson and Jeff's family in your prayers.

## Monthly Discipleship Resources

### **The Mystic Way of Evangelism**

Elaine Heath

Although each generation searches for effective ways to be salt and light, Elaine Heath argues that the church is currently in an especially difficult place--a dark night of the soul. She calls the church to embrace, rather than ignore, its difficulties and find different ways of doing outreach. Heath brings a fresh perspective to the theory and practice of evangelism by approaching it through contemplative spirituality. By looking to mystics, saints, and martyrs of church history--such as Ignatius of Loyola, Julian of Norwich, St. Francis, John Wesley, Mother Theresa, and Henri Nouwen--she suggests we can discover ways of thinking about God that result in a life of outreach.

### **The Study of Evangelism: Exploring a Missional Practice of the Church**

This book collects thirty groundbreaking essays on the practice of evangelism into a single volume in order to enhance serious theological and contextual engagement with this aspect of the church's mission in the world. The book lays a solid, scholarly foundation for future discourse, speaking to all who practice and study evangelism from many different Christian perspectives. By offering these thoughtful essays, Paul W. Chilcote and Lacey C. Warner aim to encourage reflective and open dialogue about the practice of evangelism within the community of faith.

### **Missional Renaissance**

Reggie McNeal

This book shows three significant shifts in thinking and behavior that churches need to make to chart a course toward being missional: (1) from an internal to an external focus, ending the church as exclusive social club model; (2) from running programs and ministries to developing people as its core activity; and (3) from professional leadership to leadership that is shared by everyone in the community. With in-depth discussions of the "what" and the "how" of transitioning to being a missional church, readers will be equipped to move into what McNeal sees as the most viable future for Christianity.

Please visit our website at  
<https://www.mountvernonumc.org/>  
for online worship and discipleship resources

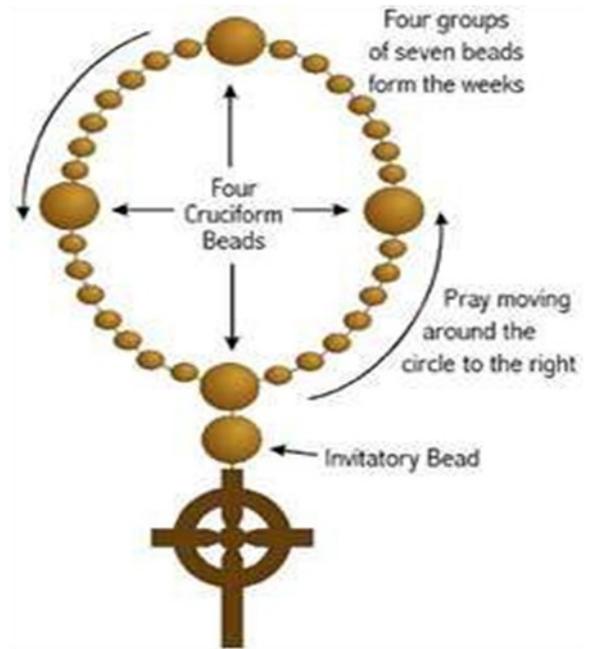
**Why use prayer beads? How can they help with prayer? Is it really okay for Protestants to use beads in prayer? How does it work? Come and find out the answers to these questions, and more, while creating your own prayer beads.**

# PRAYER BEAD WORKSHOP

**May 15, 2022 | After the service**

**Mt. Vernon UMC Fellowship Hall**

Based on Kristen Vincent’s popular book, *A Bead and a Prayer: A Beginner’s Guide to Protestant Prayer Beads*, join us to explore the history of this ancient prayer tool and its modern-day uses. Participants will receive instruction to create their own set of prayer beads and will do so at this event. Our program will be facilitated by Amy Dane. Join us for this workshop. A \$15 per person donation is requested to cover the cost of the prayer bead kit. Snacks/light lunch will be provided at no cost. Sign up today! Questions should be directed to Amy Dane.




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**Prayer Bead Workshop Registration— May 15, 2022 | After the Service**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

I would like to attend the prayer bead workshop. I am enclosing \$15 per prayer bead kit (checks payable to Mt. Vernon UMC, memo: Prayer Bead Workshop). You are welcome to order more than one kit!

Total Enclosed: \$ \_\_\_\_\_

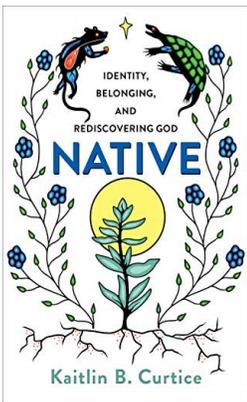
**Please hand this registration to Amy Dane or place in envelope in offering plate with your payment.**

**New Book Studies**

**All studies will be on Tuesdays at 10:00 am  
All are welcome!**

**MAY**

**“Native: Identity, Belonging and Rediscovering God”  
by Kaitlin B. Curtice**



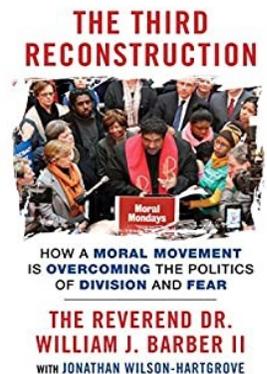
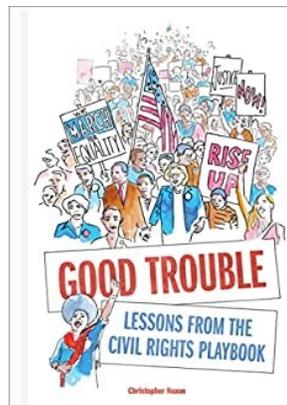
*Native* is about identity, soul-searching, and the never-ending journey of finding ourselves and finding God. Curtice draws on her personal journey, poetry, imagery, and stories of the Potawatomi people to address themes at the forefront of today's discussions of faith and culture in a positive and constructive way. She encourages us to embrace our own origins and to share and listen to each other's stories so we can build a more inclusive and diverse future. Each of our stories matters for the church to be truly whole. As Curtice shares what it means to experience her faith through the lens of her Indigenous heritage, she reveals that a vibrant spirituality has its origins in identity, belonging, and a sense of place.

**JUNE**

**“Good Trouble, Lessons from the Civil Rights Playbook”  
by Christopher Noxon**

**“The Third Reconstruction”  
by The Rev. Dr. William J. Barber, II**

In June we will be reading two books: one about the values and faith guidance of the civil rights movement and the second by Rev. William Barber who has continued this work by leading the current Poor People's Campaign to continue advocating and working for the reign of God in all places in our world. These books will show us how people of faith put their faith into practice to care for their neighbors.





Last fall we began a new partnership with Belle View Elementary. We are grateful that we have been able to continue this partnership with our neighbors and are grateful for the continual generosity everyone in the church has shown to help provide food every week.

***Items requested:***

- Entrees (mac & cheese cups, microwave pasta, tuna pouches, etc.)
- Cup of noodles or ramen packs
- Fruit cups/applesauce
- Veggie cups

Belle View Elementary School has reached out and shared some additional needs that some of their students have and have asked if we can help. This will be a meaningful way for us to continue growing this partnership and care for our neighbors year round.

***Items requested:***

- New underwear and socks in any size for both girls and boys
- Headphones for student laptops
- Extra food for spring and summer break (so you can continue to bring in food donations year round)  
Currently they have 34 students on their list

**Another way you can help** is that we have received generous financial donations from many church members to establish funds for this partnership. **If you would be interested in shopping for any/all of these items on behalf of the church then we can reimburse you. This would be a huge help and need for us.** If you would like to do some shopping for the church to donate additional food and items listed above, please let Nancy and/or Pastor Jay know.

Thank you for your continued generosity as we put our faith into action to love and care for our community.

***Donations can be left on the designated table at the back of the sanctuary.***

***Thank you to everyone who has provided food items, donated money to purchase food items and those who have helped pack the donations together.***

# REFUGEE COUNCIL USA

## Refugee Advocacy Days

In the Hebrew Bible God tells the people of Israel: "Do not mistreat or oppress the immigrant or refugee, for you were once foreigners in Egypt" (Exodus 22:21), and "The immigrants and refugees residing among you, must be treated as if they were one of your citizens. You must love them as yourself, because you were once immigrants in the land of Egypt; I am the Lord your God" (Leviticus 19:34). In that spirit we invite you to join with Church World Service (<https://cwsglobal.org/>) and the Refugee Council USA for Refugee Advocacy Days to learn about, and meet with members of congress to advocate for pro-refugee legislation. The event is virtual from **May 9-13, 2022**. You can find our more information here: <https://rcusa.org/2022-refugee-advocacy-days/>

## Rising Hope Golf Tournament

Rising Hope is teeing up its Annual Golf Tournament for this Spring. Whether you are an avid golfer or just want to have some outdoor fun, join us **May 23** at [Greendale Golf Course](#) for a morning of golf and fellowship.

This annual event raises funds to help men and women of all ages who are struggling to overcome poverty or homelessness. Your support of this event will have a huge impact on the lives of the men and women along the Route 1 Corridor.

Registration deadline is Friday, May 6. Registration includes entry, breakfast and lunch, beverage tickets, and gift bag. For more information or to register visit <https://www.risinghopeumc.org/events>



## Rising Hope 2022 5K

Join us for Rising Hope's annual 5K! This year we have two options. Run with us virtually the week of **June 19-25** or run IN-PERSON this year on **June 25** (location to be determined).

For as little as a **\$25 registration fee**, you get access to the community as well as weekly training and mission tips. Pick your favorite trail or jump on your treadmill and join the rest of the Rising Hope community in running to improve access for the citizens facing hardships along the Route 1 Corridor.

For more information or to register visit <https://www.risinghopeumc.org/events>



## Support Rising Hope UMMC

We are grateful to be a ministry partner with Rising Hope United Methodist Mission Church and the essential work they do to care for the marginalized in our community. We are collecting food donations to help keep their food pantry stocked and meet the needs of our neighbors.

*Donations can be left in the brown bins at the elevator entrance.*



## Virginia Five-Day Academy for Spiritual Formation

**“Pilgrimage with the Psalms”**

August 14-19, 2022 at the Roslyn Retreat Center, Richmond

**Worship – Study – Rest – Renewal**

**Academy Faculty: Rabbi Rachel Barenblat and Rev. Dale Clem**

**Information and Registration: [www.virginiafivedayacademy.org](http://www.virginiafivedayacademy.org)**

# Children's Activity Page



## A VALUABLE *command*

God instructs children how to relate to their parents.

*Directions: Arrange the words in alphabetical order. Then insert the circled letters in order to complete Exodus 20:12, NIV.*



son	mother	father
daughter	honor	home
respect	family	obey
	love	

1. \_ \_ \_ \_ ○ \_ \_ \_
2. ○ \_ \_ \_ \_ ○ \_ \_
3. \_ ○ \_ \_ \_ ○ \_ \_
4. ○ \_ \_ \_ \_
5. \_ \_ \_ ○ \_ \_
6. ○ \_ \_ \_ \_
7. \_ ○ \_ \_ \_ \_
8. ○ \_ \_ \_ \_
9. ○ \_ \_ \_ \_
10. \_ \_ \_ ○ \_ \_

\_ \_ono\_ your \_ \_ather and \_ \_our mo\_h\_r,  
 so t\_at y\_u may \_i\_e l\_ng in t\_e land  
 the L\_RD \_ou\_ God i\_ givi\_g you.

EXODUS 20:12, NIV

Answer: 1. daughter, 2. family, 3. father, 4. home, 5. honor, 6. love, 7. mother, 8. obey, 9. respect, 10. son; Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.

## Egg-cellent bouquet

Transform an egg carton into a Mother's Day keepsake.

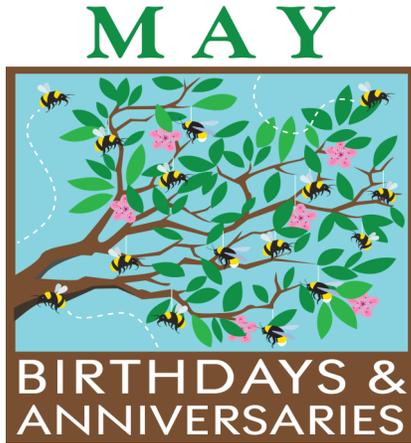


### What you need:

- Clean cardboard egg carton
- Scissors
- Acrylic paint and paintbrush
- Flat cardboard
- Photo, drawing or note
- Small pom-poms
- Hot glue
- Adult help

### What you do:

1. Bend, stretch and cut the carton cups to make 3-D flower shapes. Also cut leaf shapes from the carton top.
2. Paint the flowers and leaves. Let dry.
3. Cut the flat cardboard to a size and shape you desire. Leave a border at least 2 inches larger than your photo, drawing or note.
4. With hot glue, attach the photo, drawing or note to the cardboard.
5. Arrange and glue flowers and leaves around the border. Attach pom-poms for more color and texture.
6. Present the gift to your mom or a special woman in your life.



**ANNIVERSARIES**

Wayne & Paula West                      May 6  
 Jay Campbell & Katie Monfortte      May 26

**BIRTHDAYS**

Patty Nece                                      May 6  
 Yasmina Fry                                  May 12  
 Sam Baidoo                                  May 14  
 Ali Dane                                        May 14

*If your birthday and/or anniversary has not appeared on the birthday/ anniversary list during the year, then your birthday and/or anniversary is not in our church records. To get your birthday and those of your family included in the church records call or email the church office.*



**Who Does What When**

**May 2022**

**May 1, 2022**

Counters -  
 Liturgist -  
 Responsible for Closing -

Tom Kays & tbd  
 Carol Parker  
 Henry Georgevich

**May 22, 2022**

Counters -  
 Liturgist -  
 Responsible for Closing -

Gregg Robinson & Dot Keough  
 Kathy Ripley  
 Henry Georgevich

**May 8, 2022**

**Mother's Day**

Counters -  
 Liturgist -  
 Responsible for Closing -

Gregg Robinson & Dot Keough  
 Chip Ripley  
 Henry Georgevich

**May 29, 2022**

Counters -  
 Liturgist -  
 Responsible for Closing -

Tom Kays & tbd  
 Carol Parker  
 Henry Georgevich

**May 15, 2022**

Counters -  
 Liturgist -  
 Responsible for Closing -

Tom Kays & tbd  
 Barry Colvert  
 Henry Georgevich



# May 2022



	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	<p>Worship Service (S) 9:30 am</p> <p>Young People's Choir 10:30 am (S)</p>		<p>Book Study (216) "Native: Identity, Belonging and Rediscovering God" 10:00 am</p>	<p>Prayer Group 9:15 am (at home)</p>	<p>Choir Rehearsal 6:30 pm</p>	<p>AA 8:30 pm (211)</p>	<p>7</p> <p>AA 8:00 am (FH) AA 9:30 am (211) Girl Scouts 11am (SS)</p>	
8	<p>                       Worship Service (S) 9:30 am                      Young People's Choir 10:30 am (S)                 </p>		<p>Book Study (216) "Native: Identity, Belonging and Rediscovering God" 10:00 am</p>	<p>Prayer Group 9:15 am (at home)</p>	<p>Choir Rehearsal 6:30 pm</p>	<p>AA 8:30 pm (211)</p>	<p>14</p> <p>AA 8:00 am (FH) AA 9:30 am (211) Girl Scouts 11am (SS)</p>	
15	<p>Worship Service (S) 9:30 am</p> <p>Young People's Choir 10:30 am (S)</p> <p>Prayer Bead Workshop 10:30a (FH)</p>		<p>Book Study (216) "Native: Identity, Belonging and Rediscovering God" 10:00 am</p>	<p>NEWSLETTER DEADLINE Prayer Group 9:15 am (at home)</p>	<p>Choir Rehearsal 6:30 pm</p>	<p>AA 8:30 pm (211)</p>	<p>21</p> <p>AA 8:00 am (FH) AA 9:30 am (211) Girl Scouts 11am (SS)</p> <p>Virginia Campbell Memorial Service &amp; Reception 2:00 pm (S) (FH)</p>	
22	<p>Worship Service (S) 9:30 am</p> <p>Young People's Choir 10:30 am (S)</p> <p>Church Leadership Council 10:30a (216)</p>		<p>Book Study (216) "Native: Identity, Belonging and Rediscovering God" 10:00 am</p>	<p>Prayer Group 9:15 am (at home)</p>	<p>Choir Rehearsal 6:30 pm</p>	<p>AA 8:30 pm (211)</p>	<p>28</p> <p>AA 8:00 am (FH) AA 9:30 am (211) Girl Scouts 11am (SS)</p>	
29	<p>Worship Service (S) 9:30 am</p> <p>Young People's Choir 10:30 am (S)</p>	<p>                       CHURCH OFFICE CLOSED                 </p>	<p>Book Study (216) "Native: Identity, Belonging and Rediscovering God" 10:00 am</p>					